



SEMESTER BREAK ACTIVITIES

for 6-YEAR-OLDS



Dear Students,

We have come to the end of the 1st semester that we wondered and explored a lot, and questioned and learned even more.

As your teachers, we would like you to enjoy your holiday with a bunch of activities with your families and friends. So we prepared this booklet for you to give some ideas.

Yes, you are on holiday. But does that mean you cannot have **Circle Time** by yourself? Not at all! Here is your poster with a 2-weeks long calendar that you can mark the date, check the weather, and note down how you feel that day. Please also remember to have some daily exercises with the yoga poses you will see in the book. As the 1st activity, you will see an experiment. It is to observe the changes in the moon's shape. Please note the changes you observe on your poster every day!

Also with **this** QR code, you can reach out many exhibition, workshop, and book ideas that you can enjoy together with your family and friends.



One last thing, please remember to share some of the moments from your holiday with us on Toddle. We would be happy to see you are trying out these activities in the book.

Have a great holiday!

We are looking forward to coming back together on the 6th of February, Monday.

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HOW TO USE THE SEMESTER ACTIVITY BOOK



Step 1: FILL IN THE CALENDAR

What day is it? Mark the date and day of the week!



Step 2: WHAT'S THE WEATHER LIKE TODAY?

Every morning, look at the sky. If possible, go out to the balcony or garden and see what the weather is like today. Fill in the weather chart and count how many sunny, rainy, or windy days there were.



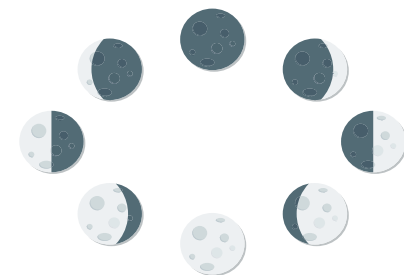
Step 3: HOW DO YOU FEEL TODAY?

Mark how you feel today: Happy? Sad? Tired? Angry?



Step 4: EXERCISE TIME

Warm up your body and mind for the day.



Step 5: EXPERIMENT

Every night before you go to bed, check out from your balcony or window how the moon looks and then draw the shape on the days of the calendar.



TODDLE

On each page of the book, you will see a different activity. After you try out the activities, please remember to take a picture or video of it with us on Toddler.

DAILY ROUTINES

WHAT'S THE WEATHER LIKE TODAY?

Every morning, look at the sky. If possible, go out to the balcony or garden and see what the weather is like today. Fill in the weather chart and count how many sunny, rainy, or windy days there were.



SUNNY



RAINBOW



FREEZING



PARTLY CLOUDY



SNOWY



VERY RAINY



RAINY



CLOUDY



LIGHTNING



STORMY

DAILY ROUTINES

HOW DO YOU FEEL TODAY?

Think about your emotions and find the right sticker that can express your feelings and put it on the calendar.



HAPPY



EXCITED



ANGRY



COOL



SAD



SICK



LOVELY



SURPRISED



SLEEPY



FUNNY

DAILY ROUTINES

EXERCISE TIME

Warm up your body and mind for the day. Try out each yoga pose and count up to 10 till you move to the next pose.



TURTLE POSE



FROG POSE



COW POSE



CAMEL POSE



CAT POSE



LION POSE

DAILY ROUTINES

EXPERIMENT: TO THE MOON AND BACK

Did you know that the moon's shape changes every night? Sometimes it is a new moon and looks like a thin, curved line, and sometimes it is a full moon and looks like a big white snowball. Would you like to observe the phases of the moon during the holiday and keep a record of them? Every night before you go to bed, check out from your balcony or window how the moon looks and then draw the shape on the days of the calendar. If it so cloudy that you can't see the clear sky, then draw a small cloud on that day.



FOCUS ON THE EMOTIONS

EMOTIONAL BALLOONS: Let's blow up some balloons and draw faces that show different emotions on them. Play some music and throw all the balloons into the air. Start dancing as whole family and try to keep the balloons in the air. When the music stops, find which balloon is the last to fall down on the floor and check the emotion which that balloon represents. You can discuss that emotion, when you feel like that, and then family members can recall a memory of that emotion.



THINKING SKILLS

MEMORY GAME: How about playing a memory game with family members at home? Materials: 6 small objects for each player, small pieces of paper with your names written on them, a cover, and a die.

Sit in a ring. Put the objects in front of you. After everyone has carefully looked at all the objects, cover them up. roll the die and choose a name. Remember and tell the object with the same number on the die as the person of your choice. Take turns playing the game this way. Share what strategies you use to memorize the objects. When you play this game every day, you will not believe how much your memory improves!



MATH

GUESSING GAME: Move into the living room of your house, lean against a wall and guess how many times you'd have to jump to reach the opposite wall. Write your guess on a piece of paper. Then start jumping and compare the number of jumps with your guess. Estimate how many steps you can take in round 2 and write it down on paper. This time, let the people in the house join in this guessing game of yours and share the guesses. Then walk to the opposite wall with small steps and don't forget to give as many hugs as your step count to the person with the best guess.



NATURE and SCIENCE

LET'S MAKE A HERBARIUM: Collect plant samples from nature and get them dried. Paste the samples on cardboard. Ask for help from your parents to write the names of the plants, the place where they were collected, the height and the date of collection.



SPORTS

ROLL THE DICE: Make a die out of cardboard or a box. You can write or draw a picture of a physical movement on each side of the die. For example, walk like a duck, or jump 3 times on one leg. Call your parents for a challenge!



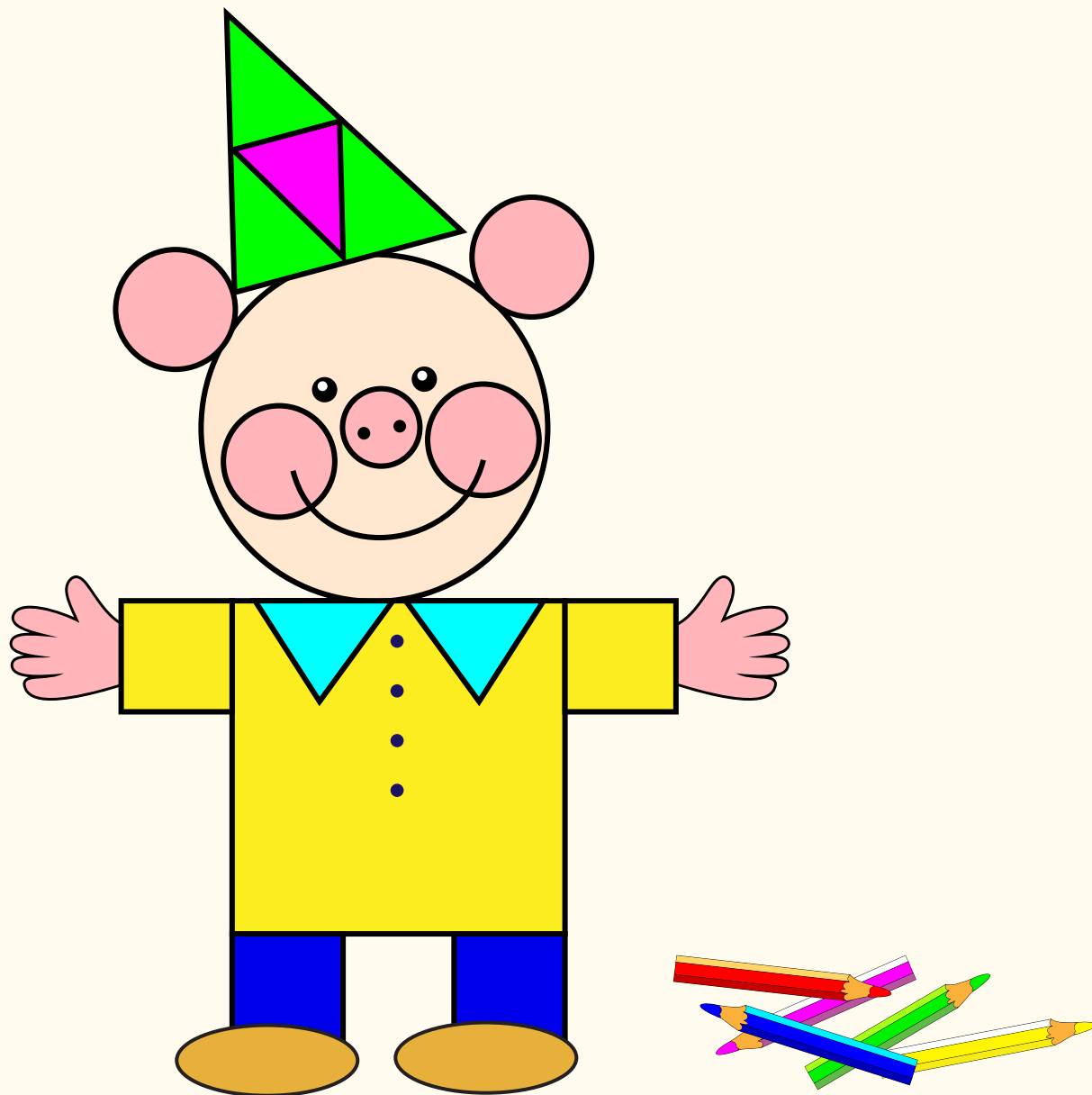
SOCIAL RESPONSIBILITY

START A CAMPAIGN: Today is the time to start a campaign to feed the street animals. Design a piggy bank from household materials. Decorate your piggy bank as you wish. Tell your family members that you prepared the piggy bank to buy water and food for street animals. You can put the first coin of the piggy bank from your own pocket money. Remind family members of the piggy bank every day. After purchasing the pet food with the money saved, prepare large bowls of water and food. Feed the street animals by walking around the neighborhood. You can sing them your favorite song if you wish.



VISUAL ARTS

GEOMETRIC ART: Can you draw a picture using only geometric shapes? Decide which shapes will be allowed: Circle, square, rectangle or triangle? Maybe only two of them? Then decide what you will draw: A house made out of circles? A lion made out of triangles? Once you finish your drawing, ask your parents to guess what you drew.



MUSIC

LET'S MAKE A CASTANET: Cut cardboard into a small rectangular shape. Paint the cardboard the color you want and then fold it in half. Glue walnut shells on each side of the cardboard. When you fold the cardboard in half, knock the walnut shells together.



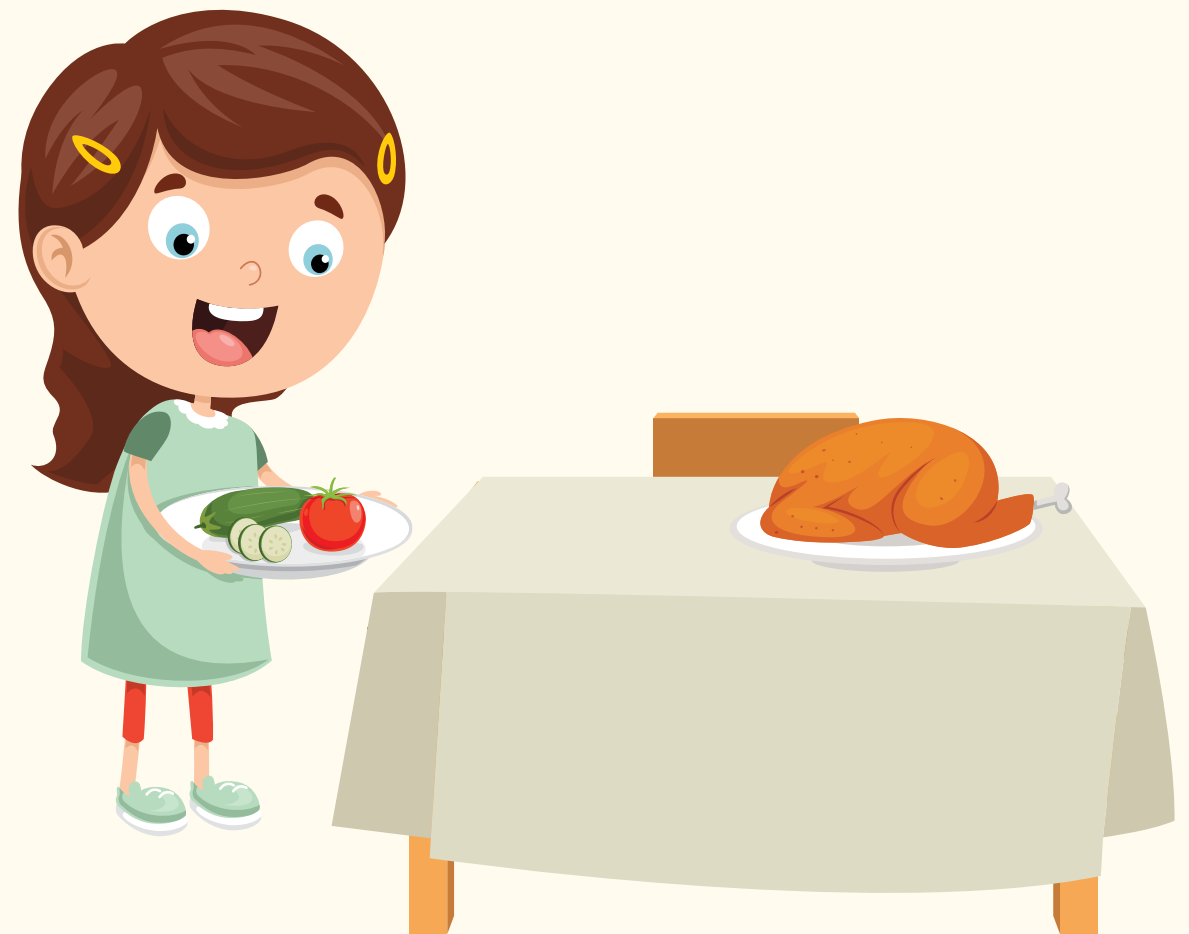
ENGLISH

SHOOTING A MOVIE: You know, some movies are created from books. Would you like to film your favorite English book with your family? Then choose an English book together and decide who will play which character. After that, it's time for the characters' lines. Did everyone read and repeat their lines? If you have determined your costumes, now the stage is yours. Don't forget to record it and share with us.



LIFE SKILLS

SETTING UP A DINNER TABLE: You have set up wonderful tables in the classroom recently. Now would you like to set a table for your family? How many people will be at dinner? Need one plate for everyone? Should you fold napkins in a triangle? Make your plan, get to work.



HAVE A NICE HOLIDAY!

**IF YOU HAVE ANY QUESTIONS
PLEASE CONTACT US**

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